

how to use this book

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jan. 30 — feb. 5

jANUARY 2006	FEBRUARY 2006
SUN MON TUE WED THU FRI SAT	SUN MON TUE WED THU FRI SAT
4 5 6 7	1 2 3 4
8 9 10 11 12 13 14	5 6 7 8 9 10 11
15 16 17 18 19 20 21	12 13 14 15 16 17 18
22 23 24 25 26 27 28	19 20 21 22 23 24 25
29 30 31	26 27 28

We would WORRY LESS ABOUT WHAT OTHERS
THINK OF US if we realized how seldom they do.
— Ethel Barrett

MY WEEK	MONDAY jan. 30	TUESDAY jan. 31	WEDNESDAY feb. 1	THURSDAY feb. 2	FRIDAY feb. 3	SATURDAY feb. 4	SUNDAY feb. 5
AM	walk w/Shannon				coffee - Lesley		
NOON	2 - p/u Matt 3:15 p/u kids 3:30 swimming	12:30 -lunch - Nancy 4:20 p/u Jenna	Matt's Birthday!!! 11:15 -read story to class 3:15 p/u Andrew 5 p/u Jenna	12:30 exercise class w/Ellen 4:15 p/u Jenna	12:30 p/u Matt	10:30 Matt's b-day party 2 - soccer practice	NOON - playdates Go grocery shopping
PM					8:00 - Party at Mike and Maureen's		
KIDS	Andrew bring cello * swimming						
Jenna	* swimming	* gymnastics	* library day - bring books to school	* Brownies - don't forget art smock		- soccer (don't forget water bottle)	play w/Grace
Matt	* tumbling class - playdate w/Nick D.		BIRTHDAY bring cupcakes to school and read story		- enrichment puppet making	- soccer	play w/Liam
Errands		* buy cake mix - make cupcakes		- Get b-day gift for Mike			
DINNER	pasta primavera	skillet chicken	go out-- b-day dinner	soup	order pizza	date night w/Larry	veg. chili

I put important reminders for myself here.

Use these spaces for your kids... use any extra spaces for lists, errands, etc.

Use it your way!

I use these spaces to write in my kids' activities each day; also, to remind myself of items to bring to school and other activities.

I love planning dinner in advance, so that I only have to go grocery shopping once a week.